## Sub-Committee Meetings

**Public Relations**
*Includes meeting list, phone line, newsletter, and website.*
2nd and 4th Saturday each month
11:00 am-12:30 pm
243 Rosedale St. (Room 2B)

**H & I**
3rd Saturday of each month 1-3:00 pm
243 Rosedale St. (Fellowship Hall)

**Steering**
2nd & 4th Saturday of each month 12:30-2:00 pm
243 Rosedale St. (Room 2B)

**Activities**
1st & 3rd Saturday of each month 10:00-11:30 am
243 Rosedale St. (Room 2B)

**RACNA 24**
3rd Thursday of the month 7:30-9:00 pm
243 Rosedale St. (Room 2B)

**Literature**
2nd Sunday of each month 11:30 am -12:30 pm
243 Rosedale St. ( Room 2B)

**Rochester Area Service Committee**
P.O. Box 40255, Rochester, NY 14604

**Officer Meeting**
2nd Sunday of each month12:30 pm-2 pm
243 Rosedale St. (Fellowship Hall)

**Area Meeting**
2nd Sunday of each month– 2 pm-5 pm
243 Rosedale St. (Fellowship Hall)

Buffalo……..716-878-2316

Finger Lakes…….877-266-3660

Syracuse……315-472-5555

Triple Cities……...607-774-4907

Greater NYC Service Office…..212-929-NANA

## PHONE NUMBERS

## Tradition Number 6:

*"An NA Group ought never endorse, finance or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose."*

**Just For Today**, my thoughts will be on my recovery, living and enjoying life without the use of drugs.

**Just For Today**, I will have faith in someone in NA , who believes in me and wants to help me with my recovery.

**Just For Today,** I will have a program and try to follow it to the best of my ability.

**Just For Today**, through NA, I will try to get a better perspective on my life.

**Just For Today**, I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life, so long as I follow that way, I have nothing to fear.

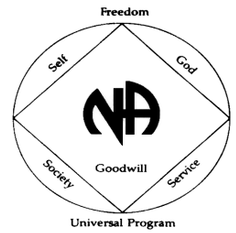
## PHONE NUMBERS

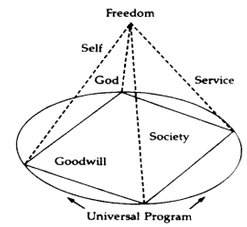
*(c) - Changed since last printing
*(nc) - No change since last printing

# Narcotics Anonymous
# Meeting Directory
# Rochester, New York

## 24 Hour Hotline
## (585)235-7889

## October 2017 (c)*




## http://rochesterny-na.org
## or
## http://recoveryispossible.us

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work

**Contact: publicrelations@rochesterny-na.org**

**Or: publicrelations@recoveryispossible.us**